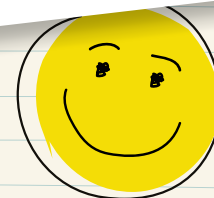


# W

# HAT'S FOR LUNCH THIS AUTUMN...

**caterlink**  
feeding the imagination



**Caterlink is an award winning food service provider catering for primary schools.**



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)  
email: [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.  
We hope your child enjoys our new menus.



[www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)

Please visit the website for current updates



FRESH  
+  
HEALTHY  
=  
TASTY



## DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

## Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



If your child has a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.



ONE

TWO

THREE

AVAILABLE  
EVERY DAY...3 Sept, 24 Sept, 15 Oct  
12 Nov, 3 Dec10 Sept, 1 Oct, 22 Oct  
19 Nov, 10 Dec17 Sept, 8 Oct, 5 Nov  
26 Nov, 17 Dec**Sausage Pasta Bake with Garlic Bread**  
**Macaroni Cheese**

Carrots &amp; Peas

**Chocolate Cocoa Cookie**  
**Yoghurt / Fresh Fruit Platter****Cottage Pie**  
**Vegetable Fajitas with Rice**

Broccoli &amp; Swede

**Apple & Raisin Strudel with Cream**  
**Yoghurt / Fresh Fruit Salad****Roast Turkey with Roast Potatoes & Gravy**  
**Quorn Sausage & Mash with Gravy**

Cabbage &amp; Carrots

**Syrup Sponge with Custard**  
**Yoghurt / Fresh Fruit Platter****Chicken Enchiladas with Rice**  
**Quorn Goulash with Rice**

Green Beans &amp; Sweetcorn

**Wholemeal Mixed Fruit Crumble**  
**with Custard**  
**Yoghurt / Fresh Fruit Salad****MSC White/Salmon Fish Fingers**  
**with Chips**  
**Vegetable Pasty with Chips**

Baked Beans &amp; Garden Peas

**Iced Sponge**  
**Yoghurt / Fresh Fruit Salad****Beef Meatballs in Tomato Sauce**  
**with Rice**  
**Soya Mince Lasagne with Garlic Slice**

Cabbage &amp; Sweetcorn

**Eve's Pudding with Custard**  
**Yoghurt / Fresh Fruit Platter****Chicken & Broccoli Pasta**  
**Shepherdess Pie**

Green Beans &amp; Carrots

**Chocolate Sponge with Chocolate Drizzle**  
**Yoghurt / Fresh Fruit Chunks****Roast Pork with Roast Potatoes & Gravy**  
**Sweet Potato & Lentil Curry with Rice**

Broccoli &amp; Swede

**Rice Pudding with Mixed Berries**  
**Yoghurt / Fresh Fruit Salad****Spaghetti Beef Bolognese**  
**with Garlic Slice**  
**Bean & Vegetable Cobbler**

Medley of Vegetables

**Oaty Peach Crumble with Custard**  
**Yoghurt / Fresh Fruit Platter****MSC Breaded Fish with Chips**  
**Wholemeal Cheese & Tomato Quiche**  
**with Chips**

Baked Beans &amp; Garden Peas

**Apple & Raisin Flapjack**  
**Yoghurt / Fruit****Wholemeal Cheese & Ham Pizza**  
**with Potato Salad**  
**Wholemeal Cheese & Tomato Pizza**  
**with Potato Salad**

Sweetcorn &amp; Green Beans

**Mandarin Upside Down Cake**  
**Yoghurt / Fresh Fruit Platter****Chicken Korma with Rice**  
**BBQ Quorn Wrap with Rice**

Medley of Vegetables

**Chocolate & Banana Oaty Square**  
**Yoghurt / Fresh Fruit Salad****Roast Chicken with Stuffing,**  
**Roast Potatoes & Gravy**  
**Vegetable Wellington with Roast Potatoes**  
**& Gravy**

Savoy Cabbage &amp; Swede

**Carrot & Courgette Cake with Custard**  
**Yoghurt / Fresh Fruit Chunks****Beef Lasagne with Garlic Bread**  
**Spanish Omelette with New Potatoes**

Broccoli &amp; Carrots

**Wholemeal Apple Crumble with Custard**  
**Yoghurt / Fresh Fruit Salad****MSC Battered Fish with Chips**  
**Cheese & Pepper Whirl with Chips**

Baked Beans &amp; Garden Peas

**Lemon Drizzle Cake**  
**Yoghurt / Fresh Fruit Salad****Jacket Potatoes**freshly cooked daily where  
available with a choice of fillings**Bread**

freshly baked on site daily

**Daily Salad Selection**there will be a selection of salad  
items available daily**Fresh Fruit & Yoghurt**

available daily

**WE USE LOCALLY  
SOURCED INGREDIENTS  
WHEN AVAILABLE  
AND IN SEASON**All our menus are  
nutritionally analysed to  
ensure they meet and in  
most cases exceed  
**The School Food Standards**We hope your child enjoys  
our new menus.Menus could be subject to  
local change, please check  
your child's school for any  
bespoke changes.

Vegetarian option



Oily fish

**Marine Stewardship**  
Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MSC-C-54995

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY