whole school meals		Menu - April - October 2024		
		Week One	Week Two	Week Three
	REAL FOOD FOR REAL ENERG	15/04, 06/05, 03/06, 24/07, 15/07,07/09, 23/09, 14/10	22/04, 13/05, 10/06, 01/07, 09/09, 30/09, 21/10	29/04, 20/05, 17/06, 08/07, 16/09, 07/10
Monday	Option 1 Option 2	Battered Chicken Steak Veggie Nuggets	Margherita Pizza Vegetable Curry Pasty	Tomato Pasta Roasted Vegetable Frittata & Pasta
	served with	Potato Wedges Baked Beans & Peas	Herby Diced Potates Baked Beans & Peas	Garlic Bread Peas & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly
	Option 1	Sticky pork and Pineapple Pitta	Beef Bolognese	Chicken Tacos
Tuesday	Option 2	*Mexican Bean Pittas	Veggie Bolognese	*Veggie Tacos
	served with	Rice	Pasta	Rice
		Sweetcorn Salad	Carrots & Green Beans	Carrots & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Iced Cake Fresh Fruit/Jelly	Shortbread Fresh Fruit/Jelly	Chocolate Brownie
		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Wednesday	Option 1 Option 2	Roast Gammon & Gravy *Cheesy Leek & Potato Pie	Roast Chicken with Stuffing & Gravy Vegetable & Chickpea Tart	Sausages with Yorkshire Pud & Gravy Quorn Sausage & Gravy
	served with	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
Š	Dessert	Carrot Cake	Lemon Cake	Cookie
>		Fresh Fruit/Jelly	Fresh Fruit/Jelly	Fresh Fruit/Jelly
Thursday	Outing 1	*Dizza Dipurbool	Causa de Dall	D f N4 4b - II -
	Option 1 Option 2	*Pizza Pinwheel Vegetable Pasta Bake	Sausage Roll Veggie Sausage Roll	Beef Meatballs Meatless Meatballs
	served with	Crushed new Potatoes Coleslaw & Cucumber	Pasta Salad Coleslaw & Mixed Salad	Pasta Broccoli & Mixed Vegetables
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Oat Cookie Fresh Fruit/Jelly	Cornflake Tart Fresh Fruit/Jelly	Golden Krispie Cake Fresh Fruit/Jelly
Friday	Option 1 Option 2	Fish Fingers *Cheese Puff	Fish Fingers Veggie Nuggets	Fish Fingers *Pizza Whirl
	served with	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly
50	Suitable for Ve	getarians	All items are subject to availability	
VEGETARL	AN SURGERIOR VE	g	Bread , Salad and fresh drinking water are available with every meal	
VEGAN	Suitable for Vegans & Vegetarians		All Items with * can be made Vegan Friendly	
2	Contains Fish		www.wholeschoolmeals.co.uk	
Whole School Meals CIC – Company Number: 5721609 – Regis			tered address: Almond House, Betteshanger Road, Betteshanger, Deal CT14 0EN	