



REAL FOOD FOR REAL ENERGY

# Menu - April - October 2024

## Week One

15/04, 06/05, 03/06, 24/07, 15/07, 07/09, 23/09, 14/10

## Week Two

22/04, 13/05, 10/06, 01/07, 09/09, 30/09, 21/10

## Week Three

29/04, 20/05, 17/06, 08/07, 16/09, 07/10

Day	Option 1	Option 2	served with	Option 3	Dessert
Monday	Battered Chicken Steak	Veggie Nuggets	Potato Wedges Baked Beans & Peas	*Jacket Potato with Cheese & Beans	Frozen Dessert Fresh Fruit/Jelly
	Margherita Pizza	Vegetable Curry Pasty	Herby Diced Potates Baked Beans & Peas	*Jacket Potato with Cheese & Beans	Frozen Dessert Fresh Fruit/Jelly
Tuesday	Sticky pork and Pineapple Pitta	*Mexican Bean Pittas	Rice Sweetcorn Salad	*Jacket Potato with Cheese & Beans	Iced Cake Fresh Fruit/Jelly
	Beef Bolognese	Veggie Bolognese	Pasta Carrots & Green Beans	*Jacket Potato with Cheese & Beans	Shortbread Fresh Fruit/Jelly
Wednesday	Roast Gammon & Gravy	*Cheesy Leek & Potato Pie	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	*Jacket Potato with Cheese & Beans	Carrot Cake Fresh Fruit/Jelly
	Roast Chicken with Stuffing & Gravy	Vegetable & Chickpea Tart	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	*Jacket Potato with Cheese & Beans	Lemon Cake Fresh Fruit/Jelly
Thursday	*Pizza Pinwheel	Vegetable Pasta Bake	Crushed new Potatoes Coleslaw & Cucumber	*Jacket Potato with Cheese & Beans	Oat Cookie Fresh Fruit/Jelly
	Sausage Roll	Veggie Sausage Roll	Pasta Salad Coleslaw & Mixed Salad	*Jacket Potato with Cheese & Beans	Cornflake Tart Fresh Fruit/Jelly
Friday	Fish Fingers	*Cheese Puff	Chips/Pasta Baked Beans & Sweetcorn	*Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly
	Fish Fingers	Veggie Nuggets	Chips/Pasta Baked Beans & Sweetcorn	*Jacket Potato with Cheese & Beans	Cooks Choice of Dessert Fresh Fruit/Jelly

Suitable for Vegetarians  
 Suitable for Vegans & Vegetarians  
 Contains Fish

All items are subject to availability  
 Bread , Salad and fresh drinking water are available with every meal  
 All Items with \* can be made Vegan Friendly  
[www.wholeschoolmeals.co.uk](http://www.wholeschoolmeals.co.uk)