

PSHE and RSE Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	My Happy Minds- Meet the Brain No Outsiders: You Choose	My Happy Minds- Celebrate No Outsiders: Red rockets and rainbow jelly	My Happy Minds- Appreciate No Outsiders: Hello hello	My Happy Minds- Relate No Outsiders: Blue Chameleon	My Happy Minds- Engage No Outsiders: The family book	No Outsiders: Super duper you
Year 1	My Happy Minds- Meet Your Brain (5 lessons) No Outsiders- 1) Elmer 2) Going to the Volcano	My Happy Minds- Celebrate (4 lessons) Twinkl: It's my body	My Happy Minds- Appreciate (3 lessons) Twinkl: TEAM No Outsiders- I Love Me	My Happy Minds- Relate (3 lessons) No Outsiders- 1) Errol's Garden 2) Someone Just Like You	My Happy Minds- Engage (4 lessons) Twinkl: Diverse Britain	Twinkl: Be Yourself No Outsiders- Bathe The Cat
Year 2	My Happy Minds- Meet Your Brain (5 lessons) No Outsiders- 1) Can I join your club 2) Splash	My Happy Minds- Celebrate (4 lessons) Twinkl: Safety First	Twinkl: Digital Wellbeing My Happy Minds- Appreciate (3 lessons) No Outsiders- 1) Amazing 2) How to be a lion	My Happy Minds- Relate (4 lessons) Twinkl: Growing up	My Happy Minds- Engage (4 lessons) Twinkl: VIPS	Twinkl: One World No Outsiders- 1) The perfect fit 2) Is that your mama?
Year 3	My Happy Minds- Meet Your Brain (5 lessons) No Outsiders- 1) This is our house 2) We're all wonders	My Happy Minds- Celebrate (4 lessons) Twinkl: It's my body	My Happy Minds- Appreciate (4 lessons) Twinkl: Be Yourself No Outsiders:	My Happy Minds- Relate (4 lessons) No Outsiders: 1) Nefertiti 2) Shu Lin's Grandpa	My Happy Minds- Engage (4 lessons) Twinkl: Diverse Britain No Outsiders: Aalfred and Aalbert	Twinkl: TEAM

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			The truth about old people			
Year 4	My Happy Minds-Meet Your Brain (5 lessons) No Outsiders- 1) Red: A crayon's story 2) When sadness comes to call	My Happy Minds-Celebrate (4 lessons) Twinkl: Digital Wellbeing	My Happy Minds-Appreciate (4 lessons) No Outsiders: 1)My beautiful voice 2)Julian is a mermaid	My Happy Minds-Relate (4 lessons) Twinkl: VIPs No Outsiders: Milo imagines the world	My Happy Minds-Engage (4 lessons) Twinkl: One World	Twinkl: Safety First No Outsiders: My brother George
Year 5	My Happy Minds-Meet Your Brain (5 lessons) No Outsiders- 1) The girls 2) The boys	Twinkl: Be Yourself My Happy Minds-Celebrate (5 lessons)	Twinkl: TEAM My Happy Minds-Appreciate (4 lessons) No Outsiders- 1)And Tango makes three 2) Mixed	Twinkl: Aiming High My Happy Minds-Relate (4 lessons) No Outsiders: 1) My shadow is pink 2) Remixed	Twinkl: It's My Body My Happy Minds-Engage (2 lessons)	Twinkl: Growing Up My Happy Minds-Engage (2 lessons)
Year 6	My Happy Minds-Meet Your Brain (3 lessons) No Outsiders- 1)The Island 2) Introducing Teddy	Twinkl: VIPs My Happy Minds-Celebrate (2 lessons)	My Happy Minds-Appreciate (2 lessons) No Outsiders: 1) You're so amazing 2) You need to chill	My Happy Minds-Relate (2 lessons) Twinkl: Digital Wellbeing No Outsiders: The proudest blue	My Happy Minds-Engage (2 lessons) No Outsiders: Saving a butterfly	Twinkl: Growing up No Outsiders: A day in the life of Marlon Bundo